

PRESTON PARK SURGERY

FLU VACCINATION CAMPAIGN 2022/2023

As autumn approaches in the coming months, now is the time to start thinking about the annual flu jab. This year, the free jab will be offered to more people amidst concerns around the still-present coronavirus.

Flu infections are surging in Australia and this can be an indication of what's to come in the UK.

The NHS flu programme in England typically offers the flu vaccine to those over the age of 65, pregnant women and those with existing health conditions or weakened immune systems. These groups will remain a high priority this year, while the programme will also be extended to reach out to more people.

In a typical winter, flu is one of the biggest health concerns for many older and vulnerable people. With the additional threat of coronavirus this year, the public are being advised to take extra care to avoid both of these diseases.

“Vaccination is the most effective way to prevent infection and severe outcomes caused by influenza viruses”

- World Health Organisation, 2020

The flu vaccine is given free to people who are:

- 65 years and over (including those who'll be 65 by 31 March 2023)
- Aged 6 months to under 65 years in clinical risk groups.
- are pregnant
- are in long-stay residential care
- are Carers
- have a serious long-term health condition
- a learning disability
- problems with your spleen, for example, sickle cell disease, or if you have had your spleen removed
- are immunocompromised

Flu Clinics 2022/2023

This year we will be offering vaccinations from the Surgery. Preston Park Surgery patients can start booking into our Flu Clinics from August 2022 onwards. All eligible patients with mobile phones will receive an invite with a booking link enabling them to book their appointments. If patients do not have a mobile phone, we will contact them via telephone and offer an appointment into our clinic.

To ensure patient and staff safety we are running our **Flu Clinics over 4 Saturdays starting 17th September.**

Clinics

Patients in the At-Risk Groups – Saturday 17th & 24th September
Patients 65 and Over – Saturday 1st & 8th October

Guidelines for patients attending the Flu Clinic

- Please arrive at your booked time and please ensure you have the correct attire for all weather conditions.
- Entry to the surgery is through the main entrance on Florence Road
- Face coverings are to be worn when inside the building
- Hand sanitisers will be available on entry
- Please wear loose clothing so you can remove outer layers and/or roll up sleeves for your vaccination.
- Exiting the clinic will be through the back door. Patients in wheelchairs can leave by the main entrance. A staff member will be there to guide patients.
- Staff will be available during all clinics to offer guidance and support.

BOOK YOUR APPOINTMENT NOW

